

Location Map



Essential Information

Distance:
1.5 miles/2.4 kms

Walk grade:
2 Easy level walking along quiet lanes and across fields, with some stiles.

Maps:
OS Explorer 122
OS Landranger 198

Start/Finish:
The Cock Inn TQ 439136

Public Transport:
Buses: Bus no 729 operates between Brighton and Tunbridge Wells with a request stop 350m (415yds) north of the Cock Inn.
Trains: Lewes Railway Station approx. 3 miles or Uckfield Railway Station approx. 5.5 miles

Parking:
Parking is available at the pub



Wellingham Walk



Paths to Prosperity

East Sussex is a welcome haven for walkers in the busy south-east of England, with over two thirds of the County covered by the High Weald and Sussex Downs Areas of Outstanding Natural Beauty.

There is also a wealth of picturesque villages, country houses and parkland hidden within its rolling landscape, waiting to be discovered.

Please come and enjoy the unique splendours of our countryside, but please also support the local businesses that help make the countryside the vibrant place that it is today.

The Country Code

Enjoy the countryside and respect its life and work.

Guard against all risk of fire.

Leave gates as you find them.

Keep your dog under close control in the presence of animals.

Keep to public rights of way.

Use gates and stiles to cross fences, hedges and walls.

Leave livestock, crops and machinery alone.

Take your litter home.

Help to keep all water clean.

Protect wildlife, plants and trees.

Take special care on country roads.

Make no unnecessary noise.

Tourist Information Centre

187 High Street, Lewes

Tel: 01273 483448

Fax: 01273 484003

email: lewestic@lewes.gov.uk

The information contained in this leaflet was correct at the time of printing (March 2004)

Refreshments and Local Services

(see map for location)

- 1 The Cock Inn**
A traditional country pub serving a range of Real Ales. Restaurant serving food seven days a week - 01273 812040.
- 2 The Holdings Market Garden**
A small market garden selling a range of seasonal fruit, vegetables and flowers.
- 3 Goldcliff Nurseries**
Wide variety of plants and gardening supplies - 01273 813968
- 4 Wellingham Herb Garden**
Walled herb garden. Open to the public weekends and bank holidays.
- 5 Boathouse Organic Farm Shop**
Home produced meat, flour & vegetables and a range of dairy, groceries & pre-cooked meals - 01273 814188.
- 6 Bryn Clai Bed & Breakfast**
Bed & Breakfast accommodation - 01273 814042.

Please note that inclusion of business details in this leaflet does not constitute an endorsement of the business by East Sussex County Council or its agents.

Nearby Places of Interest:

Whilst in the area, why not visit the **Lavender Line** (01825 750515) at the former Isfield railway station (see map for location).

We hope that you enjoy the walk in this leaflet, which is one of a series produced by East Sussex County Council.

Copies of the leaflets for other walks in the series are available from Tourist Information Centres and libraries or direct from East Sussex County Council, by contacting the Rights of Way Team:-

By phone on:-

01273 482250 / 482354 / 482324

By post at:-

Transport and Environment Department
County Hall
St. Anne's Crescent
Lewes BN7 1UE

By e-mail at:-

rightsofway@eastsussexcc.gov.uk

By downloading from the website at:-

www.eastsussexcc.gov.uk

If any problems are encountered on the walk please report them to the above contact points.

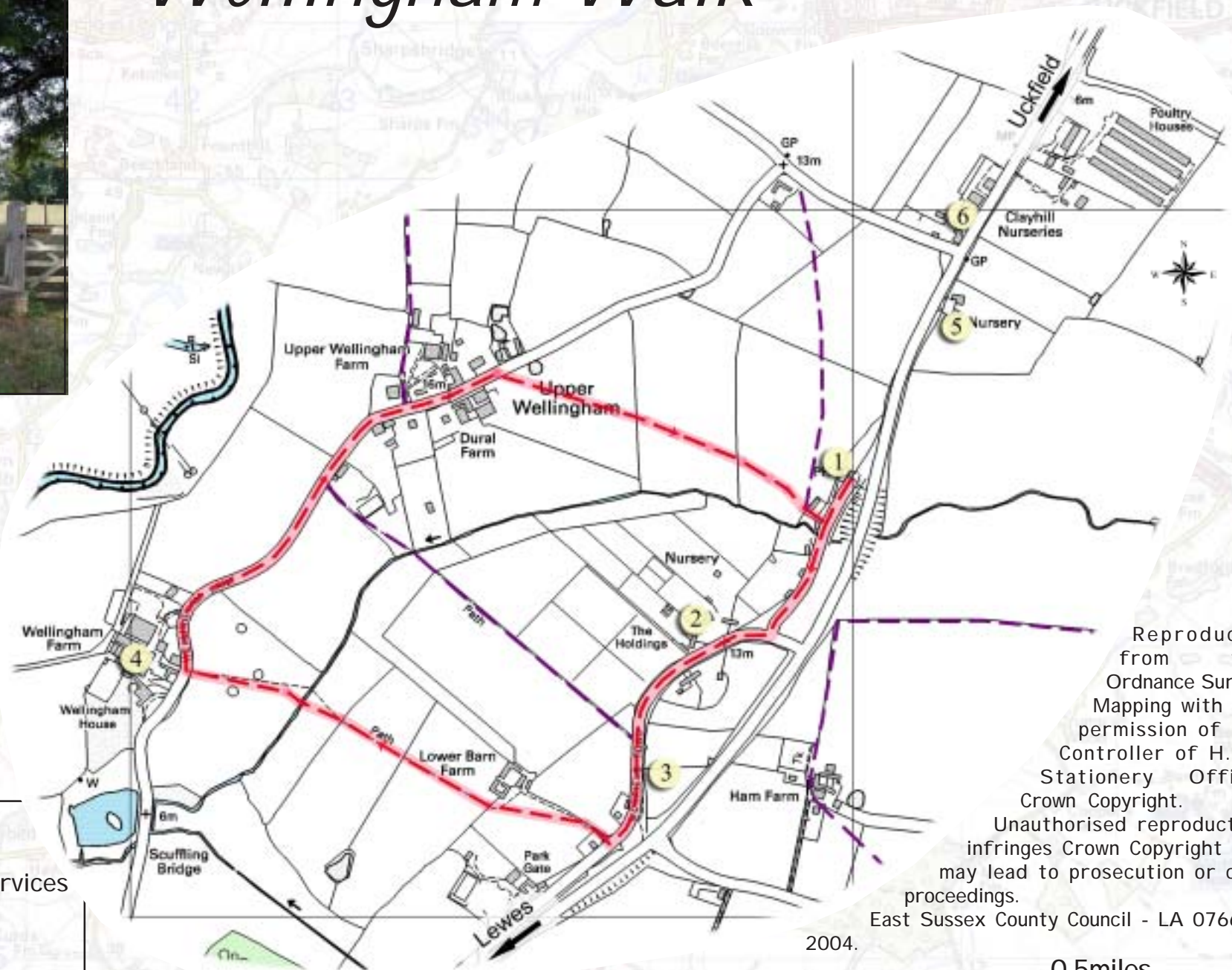
This route is based on one published by Power Publications in the book *Pub Walks in East Sussex*. If you enjoyed the walk and would like to explore further similar ones, the guide book can be purchased through local booksellers:- ISBN 1-898073-04-X

Printed on elemental chlorine-free paper using wood pulp obtained from sustainable forests.




Wellingham Walk



View along the walk



Map Legend

-  Refreshments & Local Services (see over for details)
-  Route
-  Other Public Footpaths

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East Sussex County Council - LA 076600

2004.

0.5miles

0

1km

Starting the walk from the Cock Inn, head south along the road for approximately 250m (275 yds) and turn right at the junction. Continue to follow the road past The Holdings on your right and Goldcliff Nurseries on your left.



View towards Barcombe

The Holdings market gardens won a prize for design when they were built as 'Homes for Heroes' returning from the Great War. The Holdings Market Garden is still based as a business on this site.

Continue along the road looking for the second footpath sign on your right. Turn at the sign and follow the track through the gate and then follow the waymarked path bearing slightly left across the first field. Keeping the farm buildings on your right, cross the stile and then follow the path across the next two fields to reach a footbridge. Cross the bridge and head across the paddock towards the house to join Wellingham Lane.

Turn right and follow the lane north. After approximately 85 m (93 yds) you will pass the entrance to the Eighteenth Century Wellingham Walled Herb Garden which is open to the public at weekends and bank holidays.

Follow the lane, passing the first footpath signpost on your right. Continue along the lane past Upper Wellingham Farm and turn right at the next footpath sign. Crossing a small sleeper bridge and stile head across the fields keeping to the waymarked path. At the far side of the fields, cross a final stile onto a track and then driveway between the cottages. This leads to the road and rejoins the walk a short distance south of The Cock Inn.

The Cock is a 16th Century Coaching Inn that takes its name from the "Cock Horse" as in the Nursery rhyme "Ride a Cock Horse to Banbury Cross". This was an additional horse, ridden by a Postilion, attached to a carriage for extra power over the steep hills towards Tunbridge Wells.



The Cock Inn